

MEMBER INFORMATION

Please fill out this form and return it in the enclosed envelope.

Date completed: _____

Member name*(last, first, middle initial): _____

Member address: _____

City: _____ State: _____ ZIP: _____

Member phone: _____

Member date of birth*: _____ Age: _____

Member ID number: _____

Emergency contact name: _____ Phone: _____

Who is completing this form for you? _____

HEALTH ASSESSMENT *All Required

1. What is your gender? Male Female
2. What language do you prefer to use at home?
 English Spanish Other: _____
3. What is your living situation?
 Own Rent Live with family Live with friends Homeless
 Other _____
4. What is your race or ethnicity?
 African American American Indian
 Asian Native Hawaiian or Pacific Islander
 White Non-Hispanic Multicultural
 Other: _____

5. What is your highest level of education?

- | | |
|--|---|
| <input type="checkbox"/> Elementary school (K–5) | <input type="checkbox"/> Middle school (6–8) |
| <input type="checkbox"/> High school (9–12) | <input type="checkbox"/> High school graduate |
| <input type="checkbox"/> Some college | <input type="checkbox"/> College graduate |
| <input type="checkbox"/> Graduate school | <input type="checkbox"/> N/A |

6. How often do you exercise? 2–3 times per week Once per week
 Rarely Never

7. In general, how would you rate your overall health?

- | | |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Very Good |
| <input type="checkbox"/> Good | <input type="checkbox"/> Fair |
| <input type="checkbox"/> Poor | <input type="checkbox"/> N/A |

8. Compared to one year ago, my health is worse. Yes No

9. Has a doctor ever told you that you have the following?

- | | |
|--|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Depression | <input type="checkbox"/> N/A |

10. Are you currently pregnant? Yes No

11. Do you currently take prescription medicine? Yes No

12. Do you currently use any of the following?

- | | |
|---|--|
| <input type="checkbox"/> Hearing aids | <input type="checkbox"/> Glasses or contacts |
| <input type="checkbox"/> Wheelchair or walker | <input type="checkbox"/> Other Assistive devices |

13. Have you received dental care in the past year? Yes No

14. Have you been to the emergency room in the past three months?

Yes No N/A

15. Do you use tobacco or tobacco products? Yes No

I would like help quitting N/A

16. How often do you use alcohol?

Everyday Two or more days per week

Rarely Never

17. Do you need help with any of the following? (Mark all that apply)

Food Clothing

Housing Employment

Mobility Getting to medical appointments

Safety

18. Do you need help performing any of the following daily activities?

Accessing medication Bathing

Eating Dressing

Shopping Managing finances

19. Would you like your health plan to contact you about any other health concerns? Yes No

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If English is not your first language, we can translate for you. We can also give you info in other formats. That includes Braille, audio and large print. Just give us a call toll-free. You can reach us at **1-877-389-9457**. For TTY, call **1-877-247-6272**.

Si el español es su lengua materna, podemos brindarle servicios de traducción. También podemos proporcionarle esta información en otros formatos. Estos incluyen Braille, audio o letra de imprenta grande. Simplemente llámenos sin cargo al **1-877-389-9457**. Para TTY llame al **1-877-247-6272**.

如果中文是您的母語，我們可以為您翻譯。我們也可以用其它格式為您提供資訊。這些格式包括布萊葉文、音頻及大字體。僅需撥打我們的免費電話。您可以撥打 **1-877-389-9457** 聯絡我們。TTY 用戶請撥打 **1-877-247-6272**。